

**2017 3A Central NCHSAA Regional Championships - 2/3/2017 to 2/4/2017****Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Psych Sheet****Event 1 Women 200 Yard Medley Relay**

**1:45.33 AA-A**  
**1:47.14 AA-C All-America**  
**2:10.99 REGA**  
**3:20.99 REGC Regional**

	Team	Relay	Seed Time
1	Cox Mill		1:53.38
	1) Holland, Madison SR	2) Minnick, Bailey SR	
	3) Rogers, Cathleen SR	4) Greenhall, Madison SR	
2	Concord		1:53.79
	1) Halbach, Allyson FR	2) Guthrie, Mia FR	
	3) Lotfy, Christina FR	4) Sparks, Virginia SR	
3	N Guilford		1:57.23
	1) Graham, Rachel JR	2) Schoppa, Abby FR	
	3) Glebus, Rebecca JR	4) Daly, Caroline JR	
4	Central Cabarrus		1:59.20
	1) Barbour, Hannah JR	2) Gaskey, Isabella FR	
	3) Federico, Alexa SO	4) Losey, Erica SO	
5	Western Alamance		2:00.37
	1) Long, Kayleigh SR	2) Long, Kacey SR	
	3) Burge, Alison JR	4) Davenport, Corinne FR	
6	Hickory Ridge		2:03.39
	1) Beauregard, Morgan SR	2) Jaynes, Allyson FR	
	3) Poythress, Kendall JR	4) Campy, Hannah SO	
7	Western Guilford		2:05.70
	1) Stevens, Abigail FR	2) Gilliland, Virginia JR	
	3) Steelman, Jilien SR	4) Thompson, Mary Katherine FR	
8	Union Pines		2:06.44
	1) Schmitz, Madison JR	2) Nelms, Hayley FR	
	3) Saunders, Emma SO	4) Davenport, Parker FR	
9	Williams		2:08.85
	1) Gagnon, Walker JR	2) Metts, Caroline SR	
	3) Meacham, Faith SR	4) Williams, Hannah SR	
10	Central Davidson		2:10.62
	1) McCarn, Logan SR	2) Beck, Kacie SR	
	3) Allred, Hatley FR	4) Mize, Mallory JR	
11	Robinson, J. M.		2:10.80
	1) Peace, Madison SR	2) Brown, Chloe SO	
	3) Mundt, Laura SR	4) Stevenson, Rebecca JR	
12	Ledford		2:11.79
	1) Maneen, Virginia SO	2) Burns, Erin FR	
	3) Salas, Stephanie JR	4) Rice, Delanie SR	
13	South Rowan		2:16.13
	1) Golladay, Seanna SO	2) Jones, Madilyn	
	3) Harvey, Holiday	4) Hughes, Lexie FR	
14	East Rowan		2:16.14
	1) Culp, Brenna FR	2) Vanhooose, Kaitlyn SR	
	3) Vanhooose, Shalea	4) Faller, Faith	
15	Eastern Guilford		2:18.76
	1) Robertson, Hannah	2) Hefner, Sarah	
	3) White, Emily SR	4) Lowdermilk, Eris	
16	Morehead		2:19.26
	1) Chrapliwy, Abby SO	2) Walker, Kailey SO	
	3) Flanagan, Mallory SR	4) Blankenship, Megan SO	
17	Rockingham Co.		2:19.28
	1) Rizza, Hailey JR	2) Beeninga, Tayte SO	
	3) Gagnon, Alexandra JR	4) Whitesell, Nadia JR	

18	NW Cabarrus		2:20.15
	1) Abbate, Mandy FR	2) Hanson, Brianna FR	
	3) Moreira, Gabriella FR	4) Driessen, Kaylee FR	
19	Sanford, Terry		2:21.15
	1) Bresko, Annie JR	2) Hodge, Sophie SR	
	3) Yarborough, Hannah JR	4) Black, Rebecca JR	
20	Eastern Alamance		2:23.37
	1) Cary, Jenna SO	2) Thiele, Hannah SR	
	3) Widderich, Allison SO	4) Fenton, Emily JR	
21	Gray's Creek		2:35.41
	1) Davis, Taylor	2) Rizzotto, Daniella	
	3) Ormsby, Sara	4) Barefoot, Madison	
22	Asheboro		2:37.79
	1) Herrin, Tatum	2) Richau, Sadie	
	3) Pincus, Angie SO	4) Sanchaz, Cynthia	
23	Lee County		2:50.40
	1) Diaz, Logan	2) Mills, Farren	
	3) Claffey, McKenna SR	4) Kellerman, Gracie	

**Event 2 Men 200 Yard Medley Relay**

**1:33.83 AA-A**  
**1:35.43 AA-C All-America**  
**1:59.99 REGA**  
**3:15.99 REGC Regional**

	Team	Relay	Seed Time
1	N Guilford		1:38.86
	1) Forst, Preston FR	2) Lalumondier, Jeremy JR	
	3) Hill, Bryan JR	4) Wachendorfer, Jonathan JR	
2	Concord		1:43.79
	1) Schulze, Luke SO	2) Leder, Matthew SO	
	3) Barrier, James SR	4) Haberman, Sam JR	
3	NW Cabarrus		1:45.11
	1) Weston, Haydn FR	2) Enriquez, Edward SO	
	3) Hamilton, Luke SR	4) Weston, Jacob SR	
4	Cox Mill		1:45.45
	1) Skinner, Malcolm JR	2) Darrenkamp, Will FR	
	3) Jensen, Louis SR	4) Horn, Michael JR	
5	Robinson, J. M.		1:46.35
	1) Connelly, Scott JR	2) Evans, Kyle SR	
	3) Williams, Tyler JR	4) Moran, Kyle SR	
6	Hickory Ridge		1:52.33
	1) McLaughlin, Kevin JR	2) Shue, Trevor SR	
	3) Kolsch, Nick JR	4) Holland, Kellyn FR	
7	Ledford		1:52.63
	1) Snow, Ryan SR	2) Pegram, Tanner JR	
	3) Setzer, Alexander SO	4) Rice, Logan JR	
8	Western Alamance		1:54.71
	1) Pais, Mervyn SO	2) Maness, Alexander SR	
	3) Henderson, Noah SO	4) Frodyma, Jacob JR	
9	Central Davidson		1:54.86
	1) Cuff, Zeppelin SR	2) Tysinger, Payton SR	
	3) Collier, Austin JR	4) Parks, Jonah SR	
10	Rockingham Co.		1:55.00
	1) Pruitt, Collin JR	2) Skrobola, Ben SR	
	3) Parrish, Daniel SR	4) Holland, Jonathan JR	
11	Central Cabarrus		1:55.19
	1) Smith, James SR	2) Sabin, Hunter FR	
	3) Perrault, Micah SO	4) Buck, Cameron JR	

**2017 3A Central NCHSAA Regional Championships - 2/3/2017 to 2/4/2017****Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Psych Sheet****Event 2 ... (Men 200 Yard Medley Relay)**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
12	Union Pines		1:55.34
	1) McLeary, Shane SR	2) Hinds, Mathew	
	3) Tranel, Keaton SO	4) Majuri, Luke SO	
13	South Rowan		1:57.13
	1) Bumgarner, Blaise SO	2) Hurd, Cameron SO	
	3) Fulton, John	4) Severt, Noah SO	
14	Sanford, Terry		2:00.26
	1) Li, David SO	2) Gordon, Nikhil SR	
	3) Allen, Ferris JR	4) Tristan, Smith FR	
15	Western Guilford		2:00.99
	1) Kennedy, Matt SR	2) Lynch-Wade, Shemssa JR	
	3) Dahlinghaus, Will SO	4) Short, Daniel SR	
16	Lee County		2:01.69
	1) Cox, Dylan SR	2) Garris, Cole	
	3) Will, Cooper JR	4) Singleton, Zach	
17	Gray's Creek		2:02.62
	1) Hernandez-Serrano, Jose SR	2) Hoyt, Baker	
	3) Lu, Zizhou SO	4) Lindee, Adam SO	
18	Eastern Guilford		2:02.75
	1) Ferris, Matthew SR	2) Kennedy, Seth JR	
	3) Kennedy, Caleb SR	4) Martin, Jermaine SR	
19	Southern Lee		2:02.82
	1) Maness, Ben SR	2) Bowers, Jacob SO	
	3) Herrera, Steven SR	4) Oldham, Jared	
20	NE Guilford		2:03.94
	1) Johnson, Conner SO	2) Fields, Logan SR	
	3) Collie, Preston SR	4) Welborn, Bryson	
21	Eastern Alamance		2:06.42
	1) Banko, Joseph SO	2) Kreider, Alex SO	
	3) Fahey, James SR	4) Loy, Quinton	
22	Asheboro		2:10.92
	1) Jones, Justin SR	2) Perez, Leonardo	
	3) Hydzik, Jonah	4) Weaklend, Jacob SR	
23	Morehead		2:11.26
	1) Dunn, Cody JR	2) Twilla, Ryder SR	
	3) Barham, Holden JR	4) Dalton, Logan SO	
24	McMichael		2:13.52
	1) Brim, Tanner	2) Isley, Nathan	
	3) Miller, Kevin SR	4) Beasley, Izik	

**Event 3 Women 200 Yard Freestyle**

	<b>1:48.95</b>	<b>AA-A</b>	
	<b>1:50.75</b>	<b>AA-C All-America</b>	
	<b>2:15.99</b>	<b>REGA</b>	
	<b>2:50.99</b>	<b>REGC Regional</b>	
	<b>Name</b>	<b>Yr School</b>	<b>Seed Time</b>
1	Glebus, Rebecca	JR NOR2	2:01.02
2	Losey, Erica	SO CCAB	2:02.80
3	Volz, Julia	JR HRHS	2:06.83
4	Price, Alivia	FR COXM	2:09.40
5	Bryant, Sophie	SR HRHS	2:09.52
6	Vancil, Anna	SO NOR2	2:09.99
7	Holt, Abby	FR COXM	2:11.76
8	Stevens, Abigail	FR WG	2:12.59
9	Burge, Laurin	FR WA	2:13.91

10	Jaynes, Allyson	FR HRHS	2:14.35
11	Long, Kacey	SR WA	2:14.73
12	Ozbelli, Talya	SR COXM	2:15.06
13	Eggers, Caroline	FR CCAB	2:16.90
14	Brinkley, Erin	JR COXM	2:18.44
15	Moreira, Gabriella	FR NCAB	2:22.97
16	Hey, Laurel	JR LEDF	2:23.43
17	Everheart, Madelyn	FR UP	2:23.73
18	Yoos, Lauren	FR CONC	2:24.06
19	Mangan, Rebecca	SR ROBI	2:24.48
20	Anonick, Rachel	SO CONC	2:25.31
21	Smith, Coral	SO LEDF	2:25.71
22	White, Emily	SR EG	2:28.69
23	Sorjonen, Taika	FR NOR2	2:29.33
24	Black, Rebecca	JR SANF	2:31.78

**Event 4 Men 200 Yard Freestyle**

	<b>1:38.91</b>	<b>AA-A</b>	
	<b>1:40.53</b>	<b>AA-C All-America</b>	
	<b>2:08.99</b>	<b>REGA</b>	
	<b>2:30.99</b>	<b>REGC Regional</b>	
	<b>Name</b>	<b>Yr School</b>	<b>Seed Time</b>
1	Forst, Preston	FR NOR2	1:44.53
2	Connelly, Scott	JR ROBI	1:51.04
3	White, Jason	SR CCAB	1:51.52
4	Williams, Tyler	JR ROBI	1:53.15
5	Arbury, Kieran	SR HRHS	1:53.79
6	Setzer, Alexander	SO LEDF	1:53.91
7	Epler, Robbie	JR CONC	1:57.52
8	Weston, Haydn	FR NCAB	1:59.89
9	Rice, Logan	JR LEDF	2:02.67
10	Power, Matt	JR CONC	2:04.64
11	Hamilton, Luke	SR NCAB	2:05.24
12	Horn, Michael	JR COXM	2:05.33
13	Holt, Max	JR COXM	2:05.46
14	Schulze, Luke	SO CONC	2:05.93
15	Gribble, Henry	FR NCAB	2:08.49
16	Haberman, Sam	JR CONC	2:09.43
17	Geist, Keethan	SO COXM	2:10.02
18	Kelly, Patrick	FR COXM	2:10.36
19	Dumoulin, Ethan	JR LEDF	2:10.38
20	Hundley, Grant	SR MCM	2:10.57
21	Singh, Yash	SO NOR2	2:11.67
22	Arbury, Keaton	JR HRHS	2:12.92
23	Bumgarner, Blaise	SO SROW	2:13.23
24	Walser, Aidan	JR CDAV	2:13.90

**Event 5 Women 200 Yard IM**

	<b>2:02.21 AA-A</b>		
	<b>2:04.42 AA-C All-America</b>		
	<b>2:29.99 REGA</b>		
	<b>3:20.99 REGC Regional</b>		
	<b>Name</b>	<b>Yr School</b>	<b>Seed Time</b>
1	Gaskey, Isabella	FR CCAB	2:15.14
2	Minnick, Bailey	SR COXM	2:15.41
3	Schoppa, Abby	FR NOR2	2:17.47

**2017 3A Central NCHSAA Regional Championships - 2/3/2017 to 2/4/2017****Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Psych Sheet****Event 5 ...(Women 200 Yard IM)**

	Name	Yr	School	Seed Time
4	Gilliland, Virginia	JR	WG	2:20.94
5	Graham, Rachel	JR	NOR2	2:21.46
6	Burge, Alison	JR	WA	2:21.75
7	Lotfy, Christina	FR	CONC	2:24.81
8	Holland, McKenna	JR	HRHS	2:25.22
9	Federico, Alexa	SO	CCAB	2:27.21
10	Koh, Hannah	FR	NOR2	2:28.43
11	Kluepfel, Valerie	FR	NOR2	2:31.15
12	Greer, Cayla	FR	COXM	2:37.13
13	Shorter, Olivia	SO	JCHS	2:37.21
14	Small, Holly	SO	LEDf	2:37.39
15	Grazzar, Madison	FR	WA	2:38.47
16	Steelman, Jilien	SR	WG	2:39.06
17	Foster, Mackenzie	FR	COXM	2:39.74
18	Nelms, Hayley	FR	UP	2:42.53
19	McFadden, Kaleigh	FR	UP	2:44.53
20	Stevenson, Rebecca	JR	ROBI	2:45.23
21	Culp, Brenna	FR	EROW	2:47.67
22	Whitesell, Nadia	JR	ROCK	2:49.21
23	Gagnon, Alexandra	JR	ROCK	2:49.32
24	McLeary, Sammie	SR	UP	2:49.35

**Event 6 Men 200 Yard IM**

**1:50.01 AA-A**  
**1:52.28 AA-C All-America**  
**2:26.99 REGA**  
**3:05.99 REGC Regional**

	Name	Yr	School	Seed Time
1	Evans, Kyle	SR	ROBI	2:02.84
2	Enriquez, Edward	SO	NCAB	2:04.38
3	Lalumondier, Jeremy	JR	NOR2	2:06.85
4	Lucky, Andrew	FR	CONC	2:09.51
5	Darrenkamp, Will	FR	COXM	2:17.16
6	Snow, Ryan	SR	LEDf	2:21.66
7	Hamilton, Luke	SR	NCAB	2:21.90
8	Collier, Austin	JR	CDAV	2:23.18
9	Kocher, Michael	SR	COXM	2:23.56
10	Herrera, Steven	SR	SLEE	2:23.75
11	Allen, Josh	JR	COXM	2:24.08
12	Leder, Matthew	SO	CONC	2:25.26
13	Parkes, Noah	SO	COXM	2:25.58
14	Anderson, Keaton	JR	HRHS	2:26.12
15	Li, David	SO	SANF	2:27.59
16	Euforbia, Felix	SR	CDAV	2:27.60
17	Skrobola, Ben	SR	ROCK	2:28.44
18	Buck, Cameron	JR	CCAB	2:30.04
19	Fulton, John		SROW	2:30.50
20	Luker, Seth	FR	HRHS	2:30.57
21	Fahey, James	SR	EAST	2:30.75
22	Barrier, James	SR	CONC	2:30.79
23	Pegram, Tanner	JR	LEDf	2:33.52
24	Shinn, Robbie	SR	NCAB	2:34.67

**Event 7 Women 50 Yard Freestyle**

**23.27 AA-A**  
**23.68 AA-C All-America**  
**27.49 REGA**  
**31.49 REGC Regional**

	Name	Yr	School	Seed Time
1	Rogers, Cathleen	SR	COXM	24.90
2	Davenport, Corinne	FR	WA	25.27
3	Epler, Katherine	JR	CONC	25.35
4	Beohler, Anna	JR	CONC	25.38
5	Daly, Caroline	JR	NOR2	25.70
6	Knox, Shae	JR	CONC	26.02
7	Rountree, Madelaine	SO	NOR2	26.55
8	Greenhall, Madison	SR	COXM	27.05
9	Sparks, Virginia	SR	CONC	27.08
10	McCarn, Logan	SR	CDAV	27.30
11	Rule, Anna	SR	NOR2	27.56
12	Harvey, Holiday		SROW	27.60
13	Saunders, Emma	SO	UP	27.77
14	Beck, Kacie	SR	CDAV	27.80
15	Williams, Amaya	SO	COXM	27.86
16	Campany, Hannah	SO	HRHS	27.94
17	Wachendorfer, Ella	SO	NOR2	28.03
18	Hughes, Lexie	FR	SROW	28.10
19	Blankenship, Megan	SO	MORE	28.38
20	Rice, Delanie	SR	LEDf	28.40
21	Horman, Tate	SR	SANF	28.40
22	Hoffman, Anna	SR	WG	28.46
23	Brown, Chloe	SO	ROBI	28.71

**Event 8 Men 50 Yard Freestyle**

**20.69 AA-A**  
**21.00 AA-C All-America**  
**24.49 REGA**  
**26.49 REGC Regional**

	Name	Yr	School	Seed Time
1	Skinner, Malcolm	JR	COXM	22.56
2	Jensen, Louis	SR	COXM	22.60
3	Collie, Preston	SR	NORT	22.62
4	Wachendorfer, Jonathan	JR	NOR2	22.75
5	McLeary, Shane	SR	UP	22.80
6	Lu, Zizhou	SO	GCRE	22.87
7	Snider, Ben	SO	NOR2	22.89
8	Henderson, Noah	SO	WA	23.12
9	Shimberg, Cole	SR	HRHS	23.37
10	Parks, Jonah	SR	CDAV	23.44
11	Weston, Jacob	SR	NCAB	23.50
12	Blackard, Brody	SO	MCM	23.81
13	Kunesh, Isaac	SO	CCAB	24.18
14	Power, Matt	JR	CONC	24.22
15	Fields, Logan	SR	NORT	24.38
16	Huffman, Matthew	SR	SANF	24.48
17	Kreider, Alex	SO	EAST	24.49
18	Kennedy, Caleb	SR	EG	24.49
19	Almaraz, Alex	SR	COXM	24.54

**2017 3A Central NCHSAA Regional Championships - 2/3/2017 to 2/4/2017****Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Psych Sheet****Event 8 ... (Men 50 Yard Freestyle)**

	Name	Yr	School	Seed Time
20	Edwards, James	FR	WILL	24.64
21	Tesh, Aaron	SR	ROBI	24.71
22	Holland, Jonathan	JR	ROCK	24.83
23	Moran, Kyle	SR	ROBI	25.00
24	Layton, Jonathan	JR	NOR2	25.03

**Event 9 Women 1 mtr Diving**

	Name	Yr	School	Seed Time
1	Walden, Cheyenne	SR	WG	139.86
2	Lovett, Morgan	SR	WG	124.20

**Event 10 Men 1 mtr Diving**

	Name	Yr	School	Seed Time
1	Williams, Gareth	SO	NOR2	364.00
2	O'Brien, Patrick	SO	COXM	248.85

**Event 11 Women 100 Yard Butterfly**

54.65 AA-A  
 55.90 AA-C All-America  
 1:06.99 REGA  
 1:40.99 REGC Regional

	Name	Yr	School	Seed Time
1	Rogers, Cathleen	SR	COXM	58.74
2	Davenport, Corinne	FR	WA	1:00.05
3	Holland, Madison	SR	COXM	1:00.85
4	Adcock, Elena	SR	CONC	1:01.47
5	Burge, Alison	JR	WA	1:02.77
6	Knox, Shae	JR	CONC	1:03.00
7	Glebus, Rebecca	JR	NOR2	1:03.26
8	Shorter, Olivia	SO	JCHS	1:05.58
9	Grajzar, Madison	FR	WA	1:09.87
10	Saunders, Emma	SO	UP	1:10.61
11	Beauregard, Morgan	SR	HRHS	1:11.56
12	Allred, Hatley	FR	CDAV	1:12.60
13	Small, Holly	SO	LEDf	1:13.40
14	Elliot, Jenna	JR	SLEE	1:14.00
15	Yoos, Lauren	FR	CONC	1:14.73
16	Spry, Jordan	FR	COXM	1:14.93
17	Stevenson, Rebecca	JR	ROBI	1:15.58
18	Salas, Stephanie	JR	LEDf	1:15.66
19	McFadden, Kaleigh	FR	UP	1:16.34
20	Oldt, Lindsay	JR	NOR2	1:18.61
21	McLeary, Sammie	SR	UP	1:19.65
22	Rookstool, Adeline	FR	CCAB	1:19.94
23	Poythress, Kendall	JR	HRHS	1:20.94
24	Cornelius, Anna	FR	HRHS	1:21.04

**Event 12 Men 100 Yard Butterfly**

49.23 AA-A  
 50.16 AA-C All-America  
 1:02.99 REGA  
 1:30.99 REGC Regional

	Name	Yr	School	Seed Time
1	Henderson, Noah	SO	WA	51.65
2	Evans, Kyle	SR	ROBI	53.53

3	Jensen, Louis	SR	COXM	54.40
4	Williams, Tyler	JR	ROBI	55.02
5	Snider, Ben	SO	NOR2	55.83
6	Setzer, Alexander	SO	LEDf	56.24
7	Hill, Bryan	JR	NOR2	56.67
8	Blackard, Brody	SO	MCM	1:00.48
9	Parrish, Daniel	SR	ROCK	1:00.96
10	Williams, Chris	SO	COXM	1:03.01
11	Collier, Austin	JR	CDAV	1:03.66
12	Barrier, James	SR	CONC	1:04.14
13	Allen, Josh	JR	COXM	1:04.80
14	Majuri, Luke	SO	UP	1:04.80
15	Pruitt, Collin	JR	ROCK	1:05.23
16	Li, David	SO	SANF	1:07.72
17	Jeffries, Andrew	FR	LEEC	1:07.76
18	Reitz, Nick	SR	SANF	1:08.37
19	Perrault, Micah	SO	CCAB	1:08.39
20	Tranel, Keaton	SO	UP	1:09.36
21	Kearns, Alex	JR	CCAB	1:11.30
22	Rodriguez, Christian	FR	LEDf	1:12.61
23	Rivera, Jair	SO	ROBI	1:13.10
24	Kolsch, Nick	JR	HRHS	1:14.74

**Event 13 Women 100 Yard Freestyle**

50.50 AA-A  
 51.27 AA-C All-America  
 1:01.99 REGA  
 1:10.99 REGC Regional

	Name	Yr	School	Seed Time
1	Epler, Katherine	JR	CONC	56.08
2	Losey, Erica	SO	CCAB	57.01
3	Daly, Caroline	JR	NOR2	58.49
4	Bryant, Sophie	SR	HRHS	58.66
5	Burge, Laurin	FR	WA	59.16
6	Halbach, Allyson	FR	CONC	59.24
7	Barbour, Hannah	JR	CCAB	59.64
8	Sparks, Virginia	SR	CONC	1:00.21
9	McCarn, Logan	SR	CDAV	1:01.16
10	Jaynes, Allyson	FR	HRHS	1:01.49
11	Ozbelli, Talya	SR	COXM	1:01.58
12	Guthrie, Mia	FR	CONC	1:01.78
13	Thompson, Mary Katherine	FR	WG	1:02.02
14	McClamrock, GG	JR	COXM	1:02.48
15	Long, Kayleigh	SR	WA	1:03.00
16	Beck, Kacie	SR	CDAV	1:03.50
17	Campany, Hannah	SO	HRHS	1:03.73
18	Schmitz, Madison	JR	UP	1:04.36
19	Whitesell, Nadia	JR	ROCK	1:04.43
20	Hoffman, Anna	SR	WG	1:04.53
21	Horman, Tate	SR	SANF	1:04.69
22	Sever, Taylor	SO	JCHS	1:04.75
23	Chrapliwy, Abby	SO	MORE	1:05.05
24	Rice, Delanie	SR	LEDf	1:05.07

**2017 3A Central NCHSAA Regional Championships - 2/3/2017 to 2/4/2017****Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Psych Sheet****Event 14 Men 100 Yard Freestyle****45.14 AA-A****45.86 AA-C All-America****54.49 REGA****1:02.99 REGC Regional**

	<b>Name</b>	<b>Yr School</b>	<b>Seed Time</b>
1	Forst, Preston	FR NOR2	47.98
2	Epler, Robbie	JR CONC	48.33
3	Wachendorfer, Jonathan	JR NOR2	49.82
4	Ritchie, George	JR CONC	50.48
5	Lu, Zizhou	SO GCRE	51.00
6	Skinner, Malcolm	JR COXM	51.73
7	Connelly, Scott	JR ROBI	51.77
8	Arbury, Kieran	SR HRHS	51.97
9	Shimberg, Cole	SR HRHS	53.17
10	McLeary, Shane	SR UP	53.31
11	Parks, Jonah	SR CDAV	53.50
12	Almaraz, Alex	SR COXM	53.85
13	Kunesh, Isaac	SO CCAB	54.06
14	Holt, Max	JR COXM	54.45
15	Collie, Preston	SR NORT	54.51
16	Fields, Logan	SR NORT	54.68
17	Seth, Salas	JR LEEC	56.11
18	Holland, Jonathan	JR ROCK	56.28
19	Vogelsang, Carter	JR LEEC	56.51
20	Karver, Noah	SR NOR2	56.77
21	Edwards, James	FR WILL	56.89
22	Arbury, Keaton	JR HRHS	57.88
23	Kennedy, Matt	SR WG	58.28
24	Cuff, Zeppelin	SR CDAV	58.30

**Event 15 Women 500 Yard Freestyle****4:52.43 AA-A****4:57.48 AA-C All-America****5:50.99 REGA****7:50.99 REGC Regional**

	<b>Name</b>	<b>Yr School</b>	<b>Seed Time</b>
1	Volz, Julia	JR HRHS	5:34.94
2	Stevens, Abigail	FR WG	5:53.82
3	Meacham, Faith	SR WILL	6:00.94
4	Brinkley, Erin	JR COXM	6:03.35
5	Davenport, Parker	FR UP	6:06.21
6	Wachendorfer, Ella	SO NOR2	6:14.16
7	Holt, Abby	FR COXM	6:18.84
8	Greer, Cayla	FR COXM	6:18.89
9	Yarborough, Hannah	JR SANF	6:29.49
10	Cary, Caitlin	SR EAST	6:29.95
11	Mangan, Rebecca	SR ROBI	6:30.22
12	Hanson, Brianna	FR NCAB	6:31.43
13	Sorjonen, Taika	FR NOR2	6:33.61
14	Everheart, Madelyn	FR UP	6:35.09
15	Anonick, Rachel	SO CONC	6:36.83
16	Maneen, Virginia	SO LEDF	6:41.26
17	Barnett, Alicia	SO COXM	6:42.30
18	Gagnon, Alexandra	JR ROCK	6:42.89

19	Peace, Madison	SR ROBI	6:43.55
20	Hey, Laurel	JR LEDF	6:47.03
21	Zenquis, Selena	SO MCM	6:50.77
22	White, Emily	SR EG	6:51.32
23	Hodge, Sophie	SR SANF	6:52.79
24	Burris, Jordan	JR MCM	7:00.94

**Event 16 Men 500 Yard Freestyle****4:29.69 AA-A****4:34.26 AA-C All-America****5:59.99 REGA****7:15.99 REGC Regional**

	<b>Name</b>	<b>Yr School</b>	<b>Seed Time</b>
1	White, Jason	SR CCAB	4:56.15
2	Gribble, Henry	FR NCAB	5:27.71
3	Horn, Michael	JR COXM	5:41.33
4	Rice, Logan	JR LEDF	5:45.39
5	Dumoulin, Ethan	JR LEDF	5:52.30
6	Anderson, Keaton	JR HRHS	5:56.51
7	Herrera, Steven	SR SLEE	5:56.63
8	Akan, Obadele	SO NOR2	5:59.20
9	Geist, Keethan	SO COXM	5:59.66
10	Haberman, Sam	JR CONC	6:00.21
11	Thomas, Seth	SO CCAB	6:02.18
12	Parrish, Daniel	SR ROCK	6:06.61
13	Bumgarner, Blaise	SO SROW	6:07.68
14	Gouge, Matthew	WROW	6:12.78
15	Walser, Aidan	JR CDAV	6:18.89
16	Kennedy, Seth	JR EG	6:32.76
17	Shinn, Robbie	SR NCAB	6:34.34
18	Jackson, Noah	JR ROBI	6:35.92
19	Luker, Seth	FR HRHS	6:38.78
20	Julian, Matthew	JR ROCK	6:39.90
21	Stadt, Travis	FR HRHS	6:43.03
22	Strubinger, Ethan	SR NOR2	6:43.43
23	Estrada, Alejandro	FR LEDF	6:44.53
24	Musgrave, Trevor	SO CDAV	6:53.96

**Event 17 Women 200 Yard Freestyle Relay****1:35.85 AA-A****1:37.39 AA-C All-America****1:58.99 REGA****3:15.99 REGC Regional**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	Concord		1:42.05
	1) Beohler, Anna JR	2) Adcock, Elena SR	
	3) Epler, Katherine JR	4) Knox, Shae JR	
2	Cox Mill		1:43.00
	1) Minnick, Bailey SR	2) Greenhall, Madison SR	
	3) Holland, Madison SR	4) Rogers, Cathleen SR	
3	N Guilford		1:44.57
	1) Schoppa, Abby FR	2) Rountree, Madelaine SO	
	3) Daly, Caroline JR	4) Glebus, Rebecca JR	
4	Central Cabarrus		1:47.74
	1) Elliott, Ashlyn JR	2) Britt, Corinne SR	
	3) Schmipf, Paige	4) Eggers, Caroline FR	

**2017 3A Central NCHSAA Regional Championships - 2/3/2017 to 2/4/2017****Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Psych Sheet****Event 17 ... (Women 200 Yard Freestyle Relay)**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
5	Western Alamance		1:51.29
	1) Grajzar, Madison FR	2) Gauthier, Marielle SO	
	3) Leupold, Mary SR	4) Burge, Laurin FR	
6	Hickory Ridge		1:53.26
	1) Bryant, Sophie SR	2) Company, Hannah SO	
	3) Holland, McKenna JR	4) Volz, Julia JR	
7	Union Pines		1:55.99
	1) Saunders, Emma SO	2) Nelms, Hayley FR	
	3) Dumas, Taylor JR	4) Schmitz, Madison JR	
8	Western Guilford		1:56.21
	1) Stack, Alaina SO	2) Topalovic, Gloria FR	
	3) Bull, Danielle SO	4) Hoffman, Anna SR	
9	Central Davidson		1:56.40
	1) Beck, Kacie SR	2) Mize, Mallory JR	
	3) Allred, Hatley FR	4) McCarn, Logan SR	
10	Sanford, Terry		1:57.66
	1) Black, Rebecca JR	2) Hodge, Sophie SR	
	3) Yarborough, Hannah JR	4) Horman, Tate SR	
11	Robinson, J. M.		1:57.82
	1) Stevenson, Rebecca JR	2) Mangan, Rebecca SR	
	3) Peace, Madison SR	4) Brown, Chloe SO	
12	Williams		1:58.63
	1) Higgins, Hannah	2) Meacham, Faith SR	
	3) Williams, Hannah SR	4) Gagnon, Walker JR	
13	Ledford		1:59.01
	1) Hey, Laurel JR	2) Thiessen, McKenzie JR	
	3) Smith, Coral SO	4) Small, Holly SO	
14	NW Cabarrus		1:59.95
	1) Moreira, Gabriella FR	2) Driessen, Kaylee FR	
	3) Hanson, Brianna FR	4) Abbate, Mandy FR	
15	East Rowan		2:00.39
	1) Faller, Faith	2) Faller, Grace	
	3) Mills, Ashlyn	4) Vanhoose, Shalea	
16	South Rowan		2:01.90
	1) Hughes, Lexie FR	2) Jones, Madilyn	
	3) Rymer, Kira	4) Harvey, Holiday	
17	Carson, Jesse		2:03.00
	1) Sever, Taylor SO	2) Weatherby, Olivia	
	3) Hinson, Samantha SR	4) Shorter, Olivia SO	
18	Rockingham Co.		2:03.41
	1) Goodwin, Jessica SR	2) Gagnon, Taylor FR	
	3) Brown, Gabrielle SO	4) Wilmouth, Reanna FR	
19	Morehead		2:03.45
	1) Flanagan, Mallory SR	2) Barton, Sarah SO	
	3) Chrapliwy, Abby SO	4) Blankenship, Megan SO	
20	McMichael		2:07.35
	1) Zenquis, Selena SO	2) Burris, Jordan JR	
	3) Welborn, Sydney	4) Wilkinson, Autumn JR	
21	Eastern Alamance		2:14.61
	1) Graham, Haley	2) Thomas, Gretchen	
	3) Fahey, Emily	4) Lawson, Morgan	
22	Gray's Creek		2:15.31
	1) Barefoot, Madison	2) Davis, Taylor	
	3) Ormsby, Sara	4) Rizzotto, Daniella	

23	Lee County		2:16.89
	1) Claffey, McKenna SR	2) Mills, Farren	
	3) Kellerman, Gracie	4) Diaz, Logan	
24	Asheboro		2:19.58
	1) Pincus, Angie SO	2) Richau, Sadie	
	3) Herrin, Tatum	4) Sanchaz, Cynthia	

**Event 18 Men 200 Yard Freestyle Relay****1:24.95 AA-A****1:26.28 AA-C All-America****1:44.99 REGA****3:10.99 REGC Regional**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	N Guilford		1:30.13
	1) Hill, Bryan JR	2) Snider, Ben SO	
	3) Wachendorfer, Jonathan JR	4) Forst, Preston FR	
2	Cox Mill		1:33.03
	1) Almaraz, Alex SR	2) Holt, Max JR	
	3) Skinner, Malcolm JR	4) Jensen, Louis SR	
3	Concord		1:33.13
	1) Power, Matt JR	2) Lucky, Andrew FR	
	3) Ritchie, George JR	4) Epler, Robbie JR	
4	Robinson, J. M.		1:34.80
	1) Tesh, Aaron SR	2) Williams, Tyler JR	
	3) Connelly, Scott JR	4) Evans, Kyle SR	
5	NW Cabarrus		1:35.33
	1) Enriquez, Edward SO	2) Gribble, Henry FR	
	3) Weston, Haydn FR	4) Weston, Jacob SR	
6	Lee County		1:39.79
	1) Jeffries, Andrew FR	2) Cox, Dylan SR	
	3) Vogelsang, Carter JR	4) Seth, Salas JR	
7	Union Pines		1:40.12
	1) McLeary, Shane SR	2) Prevatte, Dalton SR	
	3) Tranel, Keaton SO	4) Majuri, Luke SO	
8	Central Cabarrus		1:40.33
	1) Kunesh, Isaac SO	2) Buck, Cameron JR	
	3) Thomas, Seth SO	4) White, Jason SR	
9	Hickory Ridge		1:41.23
	1) Arbury, Kieran SR	2) Arbury, Keaton JR	
	3) Anderson, Keaton JR	4) Shimberg, Cole SR	
10	Eastern Guilford		1:41.57
	1) Martin, Jermaine SR	2) Kennedy, Seth JR	
	3) Mulvey, Christopher SR	4) Kennedy, Caleb SR	
11	Central Davidson		1:42.11
	1) Euforbia, Felix SR	2) Cuff, Zeppelin SR	
	3) Bradley, Donnie SR	4) Tysinger, Payton SR	
12	Ledford		1:44.42
	1) Rodriguez, Gabriel FR	2) Pegram, Tanner JR	
	3) Rodriguez, Christian FR	4) Dumoulin, Ethan JR	
13	Western Guilford		1:45.79
	1) Dahlinghaus, Will SO	2) Short, Daniel SR	
	3) Lynch-Wade, Shemssa JR	4) Kennedy, Matt SR	
14	South Rowan		1:45.90
	1) Fulton, John	2) Severt, Noah SO	
	3) Reynolds, Christian SO	4) Hurd, Cameron SO	
15	NE Guilford		1:46.29
	1) Fields, Logan SR	2) Norton, David	
	3) Welborn, Bryson	4) Collie, Preston SR	

**2017 3A Central NCHSAA Regional Championships - 2/3/2017 to 2/4/2017****Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Psych Sheet****Event 18 ... (Men 200 Yard Freestyle Relay)**

	Team	Relay	Seed Time
16	Sanford, Terry		1:46.30
	1) Reitz, Nick SR	2) Develvis, Steven SR	
	3) Allen, Ferris JR	4) Huffman, Matthew SR	
17	Western Alamance		1:46.30
	1) Rainey, Austin JR	2) Roy, Vaughn SO	
	3) Greeson, Perry	4) Stuart, Colby JR	
18	McMichael		1:46.52
	1) Beasley, Izik	2) Hundley, Grant SR	
	3) Miller, Kevin SR	4) Blackard, Brody SO	
19	Rockingham Co.		1:47.81
	1) Skrobola, Ben SR	2) Carter, Heath	
	3) Shreve, Hawk	4) Parrish, Caleb SR	
20	Gray's Creek		1:48.52
	1) Lu, Zizhou SO	2) Shuey, Jett	
	3) Edwards, Xavier	4) Hernandez-Serrano, Jose SR	
21	Morehead		1:48.88
	1) Twilla, Ryder SR	2) Barham, Holden JR	
	3) Dalton, Logan SO	4) Harris, Colby	
22	Asheboro		1:48.93
	1) Hydzik, Jonah	2) Jones, Justin SR	
	3) Weaklend, Jacob SR	4) Perez, Leonardo	
23	Williams		1:50.80
	1) Coffey, Spencer	2) Gabrielli, Will	
	3) Baldwin, Jake	4) Edwards, James FR	
24	Carson, Jesse		1:51.75
	1) Meres, Michael SO	2) Gay, Devin	
	3) Taylor, Jacob	4) Pell, Daniel	

**Event 19 Women 100 Yard Backstroke**

	<b>55.18</b>	<b>AA-A</b>		
	<b>56.39</b>	<b>AA-C All-America</b>		
	<b>1:08.99</b>	<b>REGA</b>		
	<b>1:23.99</b>	<b>REGC Regional</b>		
	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>
1	Holland, Madison	SR	COXM	59.79
2	Adcock, Elena	SR	CONC	1:00.67
3	Beohler, Anna	JR	CONC	1:02.02
4	Graham, Rachel	JR	NOR2	1:03.30
5	Minnick, Bailey	SR	COXM	1:03.65
6	Rountree, Madelaine	SO	NOR2	1:03.94
7	Halbach, Allyson	FR	CONC	1:05.32
8	Price, Alivia	FR	COXM	1:05.91
9	Kluepfel, Valerie	FR	NOR2	1:05.92
10	Barbour, Hannah	JR	CCAB	1:06.47
11	Federico, Alexa	SO	CCAB	1:07.65
12	Beauregard, Morgan	SR	HRHS	1:07.75
13	Davenport, Parker	FR	UP	1:07.98
14	Long, Kayleigh	SR	WA	1:08.59
15	Steelman, Jilien	SR	WG	1:09.93
16	Schmitz, Madison	JR	UP	1:10.90
17	Eggers, Caroline	FR	CCAB	1:10.98
18	Maneen, Virginia	SO	LEDf	1:11.15
19	Gagnon, Walker	JR	WILL	1:12.70
20	Bresko, Annie	JR	SANF	1:13.29
21	Chrapliwy, Abby	SO	MORE	1:13.45

22	Guthrie, Mia	FR	CONC	1:13.71
23	Culp, Brenna	FR	EROW	1:14.31
24	Spry, Jordan	FR	COXM	1:14.33

**Event 20 Men 100 Yard Backstroke**

	<b>49.74</b>	<b>AA-A</b>		
	<b>51.01</b>	<b>AA-C All-America</b>		
	<b>1:06.99</b>	<b>REGA</b>		
	<b>1:25.99</b>	<b>REGC Regional</b>		
	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>
1	Lucky, Andrew	FR	CONC	57.78
2	Weston, Haydn	FR	NCAB	57.92
3	Hill, Bryan	JR	NOR2	58.97
4	Akan, Obadele	SO	NOR2	1:03.95
5	Schulze, Luke	SO	CONC	1:05.47
6	Kocher, Michael	SR	COXM	1:06.19
7	Pruitt, Collin	JR	ROCK	1:06.45
8	McLaughlin, Kevin	JR	HRHS	1:06.81
9	Snow, Ryan	SR	LEDf	1:06.99
10	Pais, Mervyn	SO	WA	1:07.92
11	Cuff, Zeppelin	SR	CDAV	1:07.93
12	Kelly, Patrick	FR	COXM	1:08.25
13	Palladino, Jacob	JR	COXM	1:08.52
14	Kennedy, Caleb	SR	EG	1:08.61
15	Bradley, Donnie	SR	CDAV	1:09.61
16	Kuehl, Connor	JR	JCHS	1:09.78
17	Estrada, Alejandro	FR	LEDf	1:09.99
18	Blackburn, Jake	SO	ROBI	1:10.44
19	Huffman, Matthew	SR	SANF	1:10.52
20	Rodriguez, Gabriel	FR	LEDf	1:10.75
21	Holland, Kellyn	FR	HRHS	1:10.76
22	Johnson, Conner	SO	NORT	1:11.83
23	Reynolds, Christian	SO	SROW	1:12.05
24	Cox, Dylan	SR	LEEC	1:12.32

**Event 21 Women 100 Yard Breaststroke**

1:03.03

AA-A

1:04.56

AA-C All-America

1:17.99

REGA

1:35.99

REGC Regional

	Name	Yr	School	Seed Time
1	Gilliland, Virginia	JR	WG	1:08.77
2	Gaskey, Isabella	FR	CCAB	1:09.95
3	Koh, Hannah	FR	NOR2	1:10.51
4	Schoppa, Abby	FR	NOR2	1:10.59
5	Vancil, Anna	SO	NOR2	1:14.55
6	Lotfy, Christina	FR	CONC	1:14.78
7	Holland, McKenna	JR	HRHS	1:15.40
8	Williams, Amaya	SO	COXM	1:17.25
9	Elliot, Jenna	JR	SLEE	1:17.84
10	Long, Kacey	SR	WA	1:18.26
11	Thompson, Mary Katherine	FR	WG	1:18.52
12	Rule, Anna	SR	NOR2	1:19.84
13	Houghton, Samantha	SR	COXM	1:20.13
14	Foster, Mackenzie	FR	COXM	1:20.20
15	Nelms, Hayley	FR	UP	1:21.26

**2017 3A Central NCHSAA Regional Championships - 2/3/2017 to 2/4/2017****Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Psych Sheet****Event 21 ... (Women 100 Yard Breaststroke)**

	Name	Yr School	Seed Time
16	Metts, Caroline	SR WILL	1:21.62
17	McClamrock, GG	JR COXM	1:21.88
18	Jones, Madilyn	SROW	1:22.40
19	Sever, Taylor	SO JCHS	1:23.42
20	Harvey, Holiday	SROW	1:23.50
21	Burchfield, Abigail	JR CONC	1:23.80
22	Vanhooose, Kaitlyn	SR EROW	1:23.88
23	Brown, Chloe	SO ROBI	1:24.14
24	Rogers, Tori	FR ROBI	1:24.81

**Event 22 Men 100 Yard Breaststroke****56.09 AA-A****57.39 AA-C All-America****1:10.99 REGA****1:25.99 REGC Regional**

	Name	Yr School	Seed Time
1	Enriquez, Edward	SO NCAB	1:00.52
2	Lalumondier, Jeremy	JR NOR2	1:00.56
3	Ritchie, George	JR CONC	1:03.79
4	Darrenkamp, Will	FR COXM	1:06.62
5	Weston, Jacob	SR NCAB	1:08.70
6	Parkes, Noah	SO COXM	1:09.18
7	Skrobola, Ben	SR ROCK	1:09.28
8	Layton, Jonathan	JR NOR2	1:09.57
9	Twillia, Ryder	SR MORE	1:10.47
10	Fahey, James	SR EAST	1:10.71
11	Tysinger, Payton	SR CDAV	1:11.39
12	Shue, Trevor	SR HRHS	1:12.04
13	Leder, Matthew	SO CONC	1:12.35
14	Singh, Yash	SO NOR2	1:12.64
15	Thomas, Seth	SO CCAB	1:13.04
16	Bowers, Jacob	SO SLEE	1:13.10
17	Pegram, Tanner	JR LEDF	1:13.39
18	Hollmond, Nhygel	SO ROBI	1:13.45
19	Kreider, Alex	SO EAST	1:13.59
20	Fulton, John	SROW	1:14.10
21	Davis, Carson	JR EROW	1:14.50
22	Williams, Chris	SO COXM	1:14.51
23	Lynch-Wade, Shemssa	JR WG	1:14.85
24	Euforbia, Felix	SR CDAV	1:14.91

**Event 23 Women 400 Yard Freestyle Relay****3:28.27 AA-A****3:31.83 AA-C All-America****4:30.99 REGA****6:30.99 REGC Regional**

	Team	Relay	Seed Time
1	Concord		3:52.09
	1) Beohler, Anna JR	2) Adcock, Elena SR	
	3) Knox, Shae JR	4) Epler, Katherine JR	
2	Central Cabarrus		3:56.11
	1) Losey, Erica SO	2) Federico, Alexa SO	
	3) Barbour, Hannah JR	4) Gaskey, Isabella FR	

3	N Guilford	3:58.20
	1) Graham, Rachel JR	2) Koh, Hannah FR
	3) Rountree, Madelaine SO	4) Vancil, Anna SO
4	Western Alamance	4:03.00
	1) Burge, Laurin FR	2) Long, Kacey SR
	3) Burge, Alison JR	4) Davenport, Corinne FR
5	Cox Mill	4:05.03
	1) Price, Alivia FR	2) Ozbelli, Talya SR
	3) McClamrock, GG JR	4) Greenhall, Madison SR
6	Hickory Ridge	4:07.45
	1) Bryant, Sophie SR	2) Beauregard, Morgan SR
	3) Holland, McKenna JR	4) Volz, Julia JR
7	Western Guilford	4:07.73
	1) Thompson, Mary Katherine FR	2) Steelman, Jilien SR
	3) Stevens, Abigail FR	4) Gilliland, Virginia JR
8	Sanford, Terry	4:18.10
	1) Black, Rebecca JR	2) Hodge, Sophie SR
	3) Yarborough, Hannah JR	4) Horman, Tate SR
9	Union Pines	4:19.01
	1) Davenport, Parker FR	2) Everheart, Madelyn FR
	3) Muse, Emily SR	4) McFadden, Kaleigh FR
10	Ledford	4:27.01
	1) Small, Holly SO	2) Hey, Laurel JR
	3) Maneen, Virginia SO	4) Rice, Delanie SR
11	Robinson, J. M.	4:27.02
	1) Mundt, Laura SR	2) Halterman, April SR
	3) Mangan, Rebecca SR	4) Peace, Madison SR
12	Williams	4:28.20
	1) Gilgo, Grace	2) Williams, Hannah SR
	3) Gagnon, Walker JR	4) Meacham, Faith SR
13	Carson, Jesse	4:32.25
	1) Shorter, Olivia SO	2) Weatherby, Olivia
	3) Hinson, Samantha SR	4) Sever, Taylor SO
14	Rockingham Co.	4:35.03
	1) Gagnon, Alexandra JR	2) Rizza, Hailey JR
	3) Wilmouth, Reanna FR	4) Whitesell, Nadia JR
15	McMichael	4:35.85
	1) Zenquis, Selena SO	2) Burris, Jordan JR
	3) Welborn, Sydney	4) Wilkinson, Autumn JR
16	East Rowan	4:35.86
	1) Culp, Brenna FR	2) Mahaffey, Shannon
	3) Mills, Ashlyn	4) Vanhooose, Shalea
17	Eastern Alamance	4:39.05
	1) Shelansky, Tatum	2) O'Neal, Kaleigh
	3) Engwall, Eiona FR	4) Wade, Mattie FR
18	NW Cabarrus	4:41.03
	1) Moreira, Gabriella FR	2) Driessen, Kaylee FR
	3) Hanson, Brianna FR	4) Abbate, Mandy FR
19	Central Davidson	4:54.98
	1) Allred, Hatley FR	2) Walser, Stephanie FR
	3) Trantham, Emily JR	4) Mize, Mallory JR
20	South Rowan	5:13.15
	1) Golladay, Seanna SO	2) Sloop, Haley
	3) Rymer, Kira	4) Hughes, Lexie FR
21	Lee County	5:25.34
	1) Claffey, McKenna SR	2) Mills, Farren
	3) Kellerman, Gracie	4) Diaz, Logan



**2017 3A Central NCHSAA Regional Championships - 2/3/2017 to 2/4/2017****Host: Northern Guilford HS & Terry Sanford HS****Swimming & Diving****Psych Sheet****Event 23 ... (Women 400 Yard Freestyle Relay)**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
22	Asheboro		5:26.14
	1) Pincus, Angie SO	2) Richau, Sadie	
	3) Herrin, Tatum	4) Valderrama, Carolina	
23	Eastern Guilford		5:30.01
	1) Lowdermilk, Eris	2) Loirand-Billet, Soline	
	3) Hefner, Sarah	4) Robertson, Hannah	
24	Gray's Creek		5:31.35
	1) Ormsby, Sara	2) Davis, Taylor	
	3) Barefoot, Madison	4) Rizzotto, Daniella	

**Event 24 Men 400 Yard Freestyle Relay**

	<b>3:06.47</b>	<b>AA-A</b>	
	<b>3:09.43</b>	<b>AA-C All-America</b>	
	<b>3:59.99</b>	<b>REGA</b>	
	<b>5:30.99</b>	<b>REGC Regional</b>	
	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	Concord		3:29.96
	1) Power, Matt JR	2) Lucky, Andrew FR	
	3) Ritchie, George JR	4) Epler, Robbie JR	
2	N Guilford		3:30.96
	1) Snider, Ben SO	2) Karver, Noah SR	
	3) Layton, Jonathan JR	4) Lalumondier, Jeremy JR	
3	Cox Mill		3:37.68
	1) Almaraz, Alex SR	2) Horn, Michael JR	
	3) Darrenkamp, Will FR	4) Holt, Max JR	
4	Hickory Ridge		3:37.78
	1) Shimberg, Cole SR	2) Anderson, Keaton JR	
	3) Arbury, Keaton JR	4) Arbury, Kieran SR	
5	Robinson, J. M.		3:40.80
	1) Cureton, Jaelyn SR	2) Tesh, Aaron SR	
	3) Jackson, Noah JR	4) Moran, Kyle SR	
6	Lee County		3:49.72
	1) Jeffries, Andrew FR	2) Cox, Dylan SR	
	3) Vogelsang, Carter JR	4) Seth, Salas JR	
7	Central Cabarrus		3:50.94
	1) Kunes, Isaac SO	2) Thomas, Seth SO	
	3) Buck, Cameron JR	4) White, Jason SR	
8	Rockingham Co.		3:52.39
	1) Holland, Jonathan JR	2) Yount, Jordan SR	
	3) Pruitt, Collin JR	4) Parrish, Daniel SR	
9	Ledford		3:52.54
	1) Setzer, Alexander SO	2) Dumoulin, Ethan JR	
	3) Snow, Ryan SR	4) Rice, Logan JR	
10	Central Davidson		3:57.70
	1) Walser, Aidan JR	2) Tysinger, Payton SR	
	3) Collier, Austin JR	4) Parks, Jonah SR	
11	Sanford, Terry		3:58.44
	1) Develvis, Steven SR	2) Reitz, Nick SR	
	3) Tristan, Smith FR	4) Huffman, Matthew SR	
12	Western Alamance		4:01.02
	1) Frodyma, Jacob JR	2) Stuart, Colby JR	
	3) Pais, Mervyn SO	4) Henderson, Noah SO	
13	NW Cabarrus		4:05.73
	1) Gribble, Henry FR	2) Norris, Logan SR	
	3) Shinn, Robbie SR	4) Hamilton, Luke SR	

14	McMichael	4:11.06
	1) Beasley, Izik	2) Hundley, Grant SR
	3) Miller, Kevin SR	4) Blackard, Brody SO
15	Eastern Guilford	4:12.16
	1) Mulvey, Christopher SR	2) Phillips, Shane
	3) Mulvey, Samuel	4) Martin, Jermaine SR
16	Union Pines	4:13.13
	1) Prevatte, Dalton SR	2) Burton, Luke
	3) Venjohn, Victor	4) Hinds, Mathew
17	Western Guilford	4:14.72
	1) Dahlinghaus, Will SO	2) Short, Daniel SR
	3) Kennedy, Matt SR	4) Lynch-Wade, Shemssa JR
18	Asheboro	4:15.23
	1) Hydzyk, Jonah	2) Jones, Justin SR
	3) Weakland, Jacob SR	4) Griffen, Benjamin
19	Carson, Jesse	4:19.75
	1) Dixon, Cole FR	2) Kuehl, Connor JR
	3) Hastings, Andrew SO	4) Meres, Michael SO
20	Williams	4:27.91
	1) Coffey, Spencer	2) Gabrielli, Will
	3) Baldwin, Jake	4) Edwards, James FR
21	East Rowan	4:30.48
	1) Davis, Jake	2) Dry, Trey
	3) Simpkins, Justin	4) Russell, Sawyer
22	NE Guilford	4:30.71
	1) Johnson, Conner SO	2) Gallagher, Garrett
	3) Norton, David	4) Welborn, Bryson
23	South Rowan	4:37.92
	1) James, Jayson	2) Severt, Noah SO
	3) Carracio, Frankie	4) Bumgarner, Blaise SO